Starting Well (1001 days)

Context

- The foundations for virtually every aspect of human development - physical, intellectual and emotional are set in place during pregnancy and in early childhood.
- 3 main providers of services during 1001 are midwifery. health visiting and Family Hubs
- Health Visiting lead and coordinate delivery of Health Child Programme 0-5
- **EYFS**
- Improvements required in readiness to learn (education)
- Strong improvement in childcare - early years setting (as noted by ofsted)

Project Description (Scope)

- "Our vision is that all children in Doncaster are happy, healthy, safe and ready to learn within a supportive family environment"
- A coordinated service offer focusing from conception through to the 2nd year, with clearly defined pathways through services based on a family's continuum of need
- We will do this by taking a whole family approach and intervening in a co-ordinated way. This will mean look at areas such as:
- Smoke free homes
- speech & Language/ communication
- Maternal mental health
- School readiness
- Breastfeeding
- parental support for learning speech & Language
- Immunisation uptake
- Illnesses
- Diet & healthy start vitamins

Safe sleeping

- Stop smoking in pregnancy
- Oral health
- Local maternity offer (midwiferv)

Case for Implementation

- Effective, sensitive parenting alongside good maternal mental health are key to ensuring children have strong foundations for physical, social and emotional development
- · Creating stronger foundations for children (physical, social and emotional) achieved through development of effective. sensitive parenting alongside good maternal mental health.
- Two-pronged preventative approach through: a universal offer - all families receive advice and information to ensure the best outcomes for their children, or targeting interventions at 'at-risk' groups, where there is a likelihood of poor outcomes
- Early Help pathways to deal with root causes, providing support at an early age and an early stage for prevention thusly reducing future demand
- Parental capacity support
- Increased pressure on vulnerable families due to welfare reforms
- Avoision of early life trauma (Adverse Childhood) experiences)
- · Improved Attachment

Key Stakeholders

- · Children under 2 and their families resident in Doncaster
- Public Health DMBC
- · Rotherham Doncaster and South Humber Trust (RDaSH)
- · Learning and Opportunities DMBC
- Family Hubs
- Doncaster Clinical Commissioning Group
- Starting Well Service
- Stronger Families DMBC
- Doncaster Children's Services Trust
- Maternity services
- Primary care services
- NHS England
- Early Years Service
- **DBTH**

Expected Benefits

- early childhood has lifelong effects on many aspects of health and wellbeing, educational achievement and economic status
- Giving every child the best start in life is crucial to reducing inequalities across the life course
- investment on well-designed early years' interventions significantly exceed their costs with rates of return ranging between £1.37 and £9.20 for every £1 invested.
- Improved community and family resilience (reduced pressures on health and social care)

- What happens during pregnancy and
- UK studies suggested returns on

KPI/ Outcomes

- Good attachment: reduction in CIC/CIN & LAC
- Safe, stable & secure families; reduced Short breaches
- Development of physical & psychological pathways brain development
- Building blocks for resilient for families Attendance, HRBQ
- Health births reduction in emergency C/S breast feeding rates
- Good perinatal mental health reduction in associated mental health issues
- Rate of children receiving a muti-agency Early Help interventions, per
- Rate of referrals where Neglect identified as a factor (per 10,000) children)
- · Rate of Children in Need where Neglect was a factor
- Admissions to A&E for unintended injuries (rate per 10,000)
- From Lewis CCG
- %of children born with a low birth weight
- Breast Feeding prevalence at 6-8 weeks post delivery
- %Children with "Healthy Weight" at 5 years
- Hospital admissions for Dental Caries for under 5 year olds
- %Children with "Healthy Weight" at 11 years
- % of children registered with a children's centre within two months of birth
- % of children achieving a good level of development by the age of 5 (EYFS)

Assumptions/ Exclusions

- · Community and hospital Paediatric services
- Children with complex care needs
- •Partnership approach to Starting Well